

Newsletter Spring 2009

The President of Self-Realization Fellowship, Sri Daya Mata, recently sent all the groups an Easter letter. In it she said:

“...There is ...a deep purpose behind the experiences that test our faith and courage: an opportunity for positive change and lasting inner victories. Let our consciousness never be narrowed or embittered by difficulties, but rather lifted to a new level of understanding and inner freedom. Challenges can serve to break the fetters of our complacency -- to loosen the grip of confining habits and mundane dependencies, that our soul may unfold in all its wondrous potential. In striving to overcome the uncertain conditions of our times, we can resurrect the resourcefulness, creativity, and indomitable strength within us. We can discover how freeing it is to live simply, with a mind less attached to material things and more settled in the essentials of soul happiness. We can learn the joy of sharing, of thinking of others.”

Tucson Meditation Group (TMG) this past year has been successful in adding a striking and beautiful new sign above the chapel entrance. The group purchased new, comfortable padded chairs, and installed new flooring. The new “look” is inviting and peaceful. The creativity, and resourcefulness of the devotees in the group is shining through in the new updates to our chapel.

Most important to the devotees here in Tucson, is to have the blessing and opportunity to meet with like-minded souls for deep, and healing meditations.

We also like to greet our friends and newcomers by having occasional social events.

For Spring 2009 we invite you to a special meditation in honor of the guru, Swami Sri Yukteswar. We are having a 6 hour meditation from 10am to 4pm on Saturday, May 16th. You may attend all or part of this meditation. The break is at 1:30pm. It is recommended that you enter and leave during periods of chanting, so as not to disturb others.

In June, for Father's Day, we will also hold a potluck social, on June 21, after the main Readings Service at 11am. Come and join us! We'd love to meet and talk with you, both old and new friends of SRF. We generally share vegetarian dishes, and interesting concoctions.

We will also have a kirtan meditation on Sunday evening June 28. So, in addition to the regular services on Sunday morning, and the meditations on Sunday, Wednesday and Friday nights, we invite you to join these special events, also.

July & August are months for convocation in Los Angeles, (August 2 to 8), the special services for Mahavatar Babaji, on July 25th, and Bhagavan Krishna on August 14th. We are working on a bi monthly calendar, so look for it on the website when we finish

it.

At the conclusion of her letter, Daya Mataji said:
“When love for Him fills your heart, it will flow like a river of peace through your thoughts and actions, encouraging others and merging with the prayers of devout souls everywhere to help the spirit of the Infinite Christ transform this world.”

Blessings and love to all. From the coordinator and new officers of TMG.