

Tucson Meditation Group Newsletter

Vol. 17, Issue 2

April May June 2006

The Tucson Meditation Group is made up of friends and members of Self-Realization Fellowship, a worldwide, non-profit religious organization with international headquarters in Los Angeles, California. Self-Realization Fellowship was founded in 1920 by Paramahansa Yogananda for the purpose of disseminating Kriya Yoga, a definite scientific technique for attaining personal experience of God. Through its worldwide service and teachings, Self-Realization Fellowship seeks to awaken greater understanding of the harmony underlying all true religions, and a fuller expression in this world of the love that unites all people when they realize their oneness with God.

Weekly Meditation Services

Sunday:

Meditation 9 - 9:50 a.m.
Reading 10 - 11 a.m.

Wednesday:

Meditation
6 - 8 p.m.

Friday:

Meditation
7 - 8:30 p.m.

April May June 2006 Special Commemorative Services

Wednesday, May 10th, 2006, 7 - 9pm Swami Sri Yukteswar's Birthday (1855)

Saturday, May 13th, 2006, 9am - 3pm 6-Hour Guru Meditation Day

If you arrive late for a service, please enter the chapel quietly.

To help maintain spiritual reverence in our services, please dress modestly.

All services are held at our Chapel: 1702 E. Prince Road Ste. #140 (just west of Campbell Ave.)

Visit our website: <http://www.tucsonmeditationgroup.com>

Volunteers are always needed! Won't you consider serving Paramahansa Yogananda's work through the Tucson Meditation Group? Volunteer sign-up sheets are available in the chapel foyer - or for more information contact Jackie Kinman at 325-6869.

Meditation Services

Every Meditation Service includes periods of prayer, chanting and silent meditation. Paramahansa Yogananda emphasized that the united devotion and concentration of many yoga devotees can powerfully increase the depth of each individual's meditation.

Meditation services offer devotees occasions to practice the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. All are welcome and encouraged to attend.

Kirtan

Kirtan is Indian-style devotional singing to God, accompanied by traditional instruments such as the harmonium, tablas, cymbals and the tamboura. Group kirtan offers a chance to go longer and deeper in chanting. All are welcome.



*Self-Realization Fellowship International
Headquarters in Los Angeles, California*

Commemorative Services

SRF temples, centers and groups hold special Commemorative Services to honor the birthdays and mahasamadhis of the SRF line of Gurus. All are welcome who are well enough acquainted with the SRF teachings to appreciate the guru-disciple

relationship. Bring a flower as a symbol of devotion and a donation, if you are able, in a sealed envelope as a symbol of loyalty to SRF. All donations are sent to Mother Center.

Worldwide Prayer Circle

At the close of Wednesday, Friday and Sunday services, we pray for the physical, mental and spiritual healing of others and for world peace. Together, the group practices the spiritual healing technique taught by Paramahansa Yogananda.

For more information about Self-Realization Fellowship or on the teachings of Paramahansa Yogananda,
Visit the SRF website: <http://www.tucsonmeditationgroup.com>

Om Divine Mother

“Divine Mother, with the language of my soul I demand realization of Thy presence. Thou art the essence of everything. Make me see Thee in every fiber of my being, in every wisp of thought. Awaken my heart. I bow to Thee, O Mother Divine, in all that is good...in the temple of the skies, in the temple of nature, and in the soul-temples of my human brothers and sisters. Om, Beloved Mother Divine. Aum. Peace. Amen.



Monks Come To Visit TMG on April 30th, 2006

Some great news to start off with: On **Sunday, April 30th**, TMG will again be blessed with a visit by SRF monks, Brother Bholananda and Brahmachari David. They will lead the Meditation Service at 9 am and will conduct the Reading Service at 10 am. Following the Reading Service, we will hold a **potluck social** to honor their visit. **Please plan to attend – and bring along your favorite vegetarian dish or snack!** It's always a wonderfully elevating experience to have a visit from our friendly, neighborhood monks in Phoenix. This will be an enlightening service - guaranteed!

Sierra Vista Retreat

The Sierra Vista Meditation Circle is sponsoring a day of meditation and retreat led by monastics from the Phoenix Temple. The retreat will be held at the Santa Rita Lodge in Madera Canyon on Saturday, **Sept. 9th from 9:00am to 3:00pm**. The cost to attend is \$25, which includes a box lunch. **The deadline for reserving a space is May 1 and space is limited to only 60 devotees.** Make your \$25 check payable to Sierra Vista Meditation Circle and mail it to: Charmayne Samuelson, P.O. Box 40, Hereford, AZ 85615. For additional information, call Charmayne at 520-378-6801. Reserve your space today!

Center Reps Conference in Los Angeles in August

On **Saturday August 5th**, the day before Convocation 2006 officially begins, Center Department (the department at Mother Center that provides guidance to all SRF centers and groups) will host a “Center Representatives Conference” at the Lake Shrine Temple from 3:00pm to 8:00pm. The conference will provide an opportunity for attendees to become more familiar with our Guru's spiritual ideals for SRF centers and groups.

Transportation will be provided from the Westin Bonaventure Hotel. The conference is open to anyone who is a member of a SRF group. More information is posted on the bulletin board in the chapel foyer or you may call Jackie at 325 - 6869.

An Invitation from the SRF Monks in Phoenix

The SRF monastics at the Phoenix Temple have cordially invited members of TMG to attend a Lecture Service at the Phoenix SRF Temple on **June 4th**, starting at **10:00am**. (Meditation service begins at 9:00am.) The service will be conducted by Bro. Satyananda and will be followed by a social and satsang. There is a sign up sheet on the bulletin board to determine how many of us plan on attending and to determine if there is carpooling interest.



SRF World Convocation Aug. 6-12th, 2006

Convocation is the event that many SRF devotees consider to be the highlight of their spiritual year. Each year, literally thousands of SRF devotees gather in Los Angeles for an inspiring week of spiritual renewal and fellowship. Events include “How To Live” classes that focus on practical ways to apply spiritual principals to

daily life, SRF meditation technique review classes, Kriya Initiation ceremonies, Satsangas, pilgrimages, kirtans, group meditations and some of the most inspirational, insightful talks. For detailed information, visit www.srf-yogananda.org. Make plans today to attend this life-changing week!

Results of TMG Voting

It's official: our new Council Members for the upcoming year have been approved by Mother Center and are currently transitioning into their duties. Jackie Kinman, will remain as our group's Coordinator. Mark Beckloff was confirmed as our new group treasurer and Lydia Anderson, Secretary. Here's to joy and success in your new roles! **Heartfelt thanks and appreciation to Marlyn Kowalczyk (outgoing Secretary) and Michelle Dunn, (outgoing Treasurer) for their hard work, efforts and dedication to our group. Many thanks for a job well done!**

The nominated readers for our group were approved by Mother Center. Our new readers are: **Vince Braun, Danny Lobato and Michael Rodriguez**. Thanks, gentlemen!

Another vote was recently held at TMG to decide, as a group, if we should move our chapel from its current location on Prince Ave. to W. Lavery Lane. The group voted to stay at our current location for another year before considering a move. Thanks to all for voting.

Chapel Cleaning

TMG devotees share chapel maintenance and cleaning. Everyone's participation is appreciated very much. This is an excellent opportunity to serve our group! Currently, chapel cleanings are scheduled on the 3rd Saturday of the month:

Saturday, Apr. 15th 8 - 10 am
Saturday, May 20th 8 - 10 am
Saturday, June 17th 8 - 10 am

Council Members Phone Numbers

Jackie Kinman, Coordinator325-6869
Lydia Anderson, Secretary.....795-5343
Mark Beckloff, Treasurer270-1885

“One who never meditates rejects the prime means of attuning his life with the saving Christ Consciousness inherent in the Cosmic Aum Vibration. By deliberate deeper acts of meditation...regain bliss consciousness through vibratory contact of God as Holy Ghost.”
- Paramahansa Yogananda, The Second Coming of Christ